

CARLTON COUNTY RESOURCES FOR BREASTFEEDING FAMILIES

Certified Lactation Counselors Carlton County Public Health 14 N. 11 th Street Cloquet, MN 55720 http://www.co.carlton.mn.us search: Parent & Child Health Programs	218-879-4511 1-888-818-4511	Becky Rud RN, PHN, CLC Janessa Novak RN, PHN, CLC Natalie Claus RN, PHN, CLC Juanita O'Connor RN, CLC Nicolle Lourey RN, CLC Or any Parent Child Health Nurse
Fond du Lac Public Health	218-879-1227	
International Board Certified Lactation Consultant Pam Galle, IBCLC, Private Practice	218-340-6203 (cell)	
La Leche League, Breastfeeding Support http://www.llli.org http://www.llofmdas.org/		
Community Memorial Hospital OB/GYN Community Memorial Hospital also offers a monthly group meeting called "A Nesting Place". It is a group that is for new moms with infants up to one year and anyone in their third trimester of pregnancy. The meetings are free and provide a safe and supportive environment to discuss all postpartum issues: breastfeeding, baby blues, anxiety, depression, sleep, relationships, exercise, nutrition, etc. Infants are welcome and refreshments are provided.	218-879-4641 218-499-6702	Brenda Graden
Mercy Hospital OB/GYN	218-485-4481	
Northland Breastfeeding Coalition http://www.northlandbreastfeedingcoalition.org go to Mothers and Families; Resources		
WIC Program Minnesota WIC (Women Infants and Children) Program provides pregnant women, new mothers and young children with nutrition information, breast feeding education and support through our Peer Counselor, referrals to health services and access to wholesome foods. Income-eligible women who are pregnant, breastfeeding or recently had a baby, infants, and children until their fifth birthday can participate. Call or visit http://www.co.carlton.mn.us and search: WIC to apply.	218-878-2853 1-888-818-4511	Jenny Barta RN, PHN, CLS Nicolle Lourey RN, CLC Becky Rud RN, PHN, CLC Alyssa Olson, Breastfeeding Peer Counselor

BREASTFEEDING SUPPLIES TO RENT OR PURCHASE

Ameda	www.amedaonline.com
Medela	1-800-435-8316
Essentia Health Medical Equipment & Supplies 4418 Haines Road Airport Plaza, Suite 1200 Duluth, MN 55811 Business hours: 8:30-5:00 M-F	Medela & Ameda Breast Pumps and Tubing/Supplies for sale or rent; will take MA and Health Plan payments Phone: 1-218-722-3420 Fax: 1-218-720-6158 https://www.essentiahealth.org/find-facility/profile/essentia-health-medical-equipment-supplies-duluth/
Essentia Health Medical Equipment & Supplies 407 E 4th St. Duluth, MN 55805 Business hours: 8:30-5:00 M-F	Medela & Ameda Breast Pumps and Tubing/Supplies for sale or rent; will take MA and Health Plan payments Phone: 1-218-786-4970

Updated: 7/30/2019

Lake Superior Medical Equipment 522 E. 4 th Street Duluth, MN 55805	Medela & Ameda Breast Pumps and Tubing/ Supplies for sale or rent; will take MA and Health Plans Phone: 1-218-727-0600
Lake Superior Medical Equipment 305 Broadway Street Cloquet, MN 55720 Business hours: 8:30-5:00 M-F	Medela & Ameda Breast Pumps and Tubing/ Supplies for sale or rent; will take MA and Health Plans Phone: 1-218-879-2211 FAX: 1-218-879-2233 https://www.lakesuperiormedicequipment.com

STEPS TO GET BREAST PUMP

- 1) Speak with your OB nurse about getting a breast pump in the hospital.
- 2) Call your doctor, ask doctor to fax prescription for double electric pump to supplier of your choice. This prescription may need to be in baby's name if mom is not the one on Medical Assistance.
- 3) Call supplier, give them your name and insurance information (or baby's name and information) and tell them to expect doctor's fax.
- 4) Pick up the breast pump or ask if supplier will ship it out (it usually will be same day or next day)